

# EPIPEN<sup>®</sup>

# EPIPEN<sup>®</sup> Jr

adrenaline 300 ja 150 mcg



# EPIPEN<sup>®</sup> - AUTOINJECTOR USER GUIDE

# WHAT IS EPIPEN®/ EPIPEN® JR. (ADRENALINE) AUTOINJECTOR?

The EpiPen®/EpiPen® Jr is a disposable, pre-filled automatic injection device that administers adrenaline in the event of a severe allergic reaction. The EpiPen®/EpiPen® Jr auto-injector is designed to be used by the patient for the injection of a standardized adrenaline dosage in the thigh when it comes to a life-threatening anaphylactic reaction. Every EpiPen®/EpiPen® Jr can only be used once.

## Characteristics of the device

### Blue safety cap

Prevents unintentional activation of the EpiPen®

### Instructions

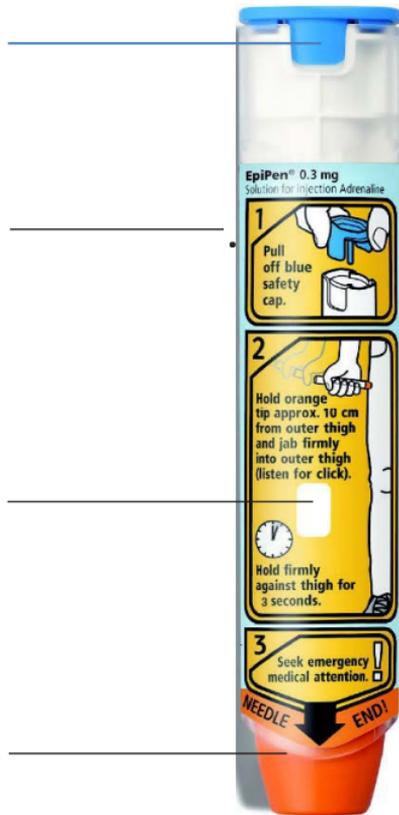
Comprehensive step-by-step guidance direct on the device – enabling a quick administration in the case of an emergency

### Viewing window

Check regularly to make sure the solution is clear and colorless. If the solution becomes discolored contact your physician for a replacement of the EpiPen®.

### Orange needle protection cover

This keeps the needle covered both before and after use.



Check the viewing window of your EpiPen® regularly to make sure the solution is clear and colorless.



**Hard flip-top carry case**

To ensure the safe transport and quick access of the EpiPen®

**Needle cover**

**Before use**



**After use**



**Viewing window**

**Before use**



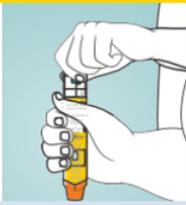
**After use**



## How to use the EpiPen®/EpiPen® Jr

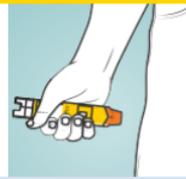
Remove the EpiPen® / EpiPen® Jr from the carry case. Lie down with your legs slightly elevated to keep your blood flowing or sit up if breathing is difficult.

1



Grasp EpiPen® / EpiPen® Jr in dominant hand, with thumb nearest to the blue cap and form fist around EpiPen® / EpiPen® Jr and pull off the blue safety cap. Remember: "Blue to the sky, orange to the thigh"

2



Hold the EpiPen® / EpiPen® Jr at a distance of approximately 10cm away from the outer thigh. The orange tip should point towards the outer thigh.

3



Jab the EpiPen® / EpiPen® Jr firmly into outer thigh at a right angle (90° angle). Hold firmly against thigh for 3 seconds.

4



EpiPen® / EpiPen® Jr should be removed and safely discarded. The orange needle cover will extend to cover needle.

5



Massage the injection site gently for 10 seconds. Dial 112 and state anaphylaxis.

Stay lying down or seated and have someone stay with you until you have been assessed by a physician.  
Unconscious patients should be placed in the recovery position.

1



2



3



4



You can learn more by visiting [www.epipen.eu](http://www.epipen.eu) and watching the “How to use the EpiPen® / EpiPen® Jr” video.

Always carry two EpiPen® / EpiPen® Jr with you at all times — in case symptoms do not improve within 5–15 minutes and a second dosage is needed. Each EpiPen® / EpiPen® Jr can only be used once.

Explain to others that you are at risk for an anaphylactic reaction and about your trigger. Make family, friends, teachers and colleagues aware how to recognize symptoms of anaphylaxis and what to do in the event of a reaction. Make sure they know where you keep your EpiPen® / EpiPen® Jr and how to administer it.

If using an EpiPen® trainer, please ensure to store the active device and the trainer device separately to not mix both devices up in an emergency.

# EPIPEN<sup>®</sup>/EPIPEN<sup>®</sup> JR. – FREQUENTLY ASKED QUESTIONS

**Q: What is the difference between EpiPen<sup>®</sup> and EpiPen<sup>®</sup> Jr.?**

**A:** They both contain adrenaline, but in different amounts. If you weigh more than 30 kg, you will need EpiPen<sup>®</sup>, if you weigh between 15 and 30 kg, you will need EpiPen<sup>®</sup> Jr. Your GP will decide which is right for you.

**Q: How do I know, if EpiPen<sup>®</sup> / EpiPen<sup>®</sup> Jr. autoinjector has worked and if I have received the adrenaline I need?**

**A:** When you swing and jab the EpiPen<sup>®</sup> / EpiPen<sup>®</sup> Jr into your thigh, the needle and the dose of adrenaline will be released. After removing the EpiPen<sup>®</sup> / EpiPen<sup>®</sup> Jr, the orange end will extend to cover the needle and the viewing window will go dark. There will still be some adrenaline left in the pen, this is perfectly normal. You will quickly start to feel that the adrenaline is working. Remember, each EpiPen<sup>®</sup> / EpiPen<sup>®</sup> Jr can only be used once.

**Q: There is an "air" bubble in my EpiPen<sup>®</sup> / EpiPen<sup>®</sup> Jr. – is it still okay to use?**

**A:** The bubble is a type of gas called nitrogen, and it is perfectly normal to find it in an EpiPen<sup>®</sup> / EpiPen<sup>®</sup> Jr. Don't worry about using your pen as the bubble will not interfere with how it works.

**Q: How do I store my EpiPen<sup>®</sup> / EpiPen<sup>®</sup> Jr.?**

**A:** Adrenaline is sensitive to light. Keep the auto-injector in the outer carton and do not store above 25°C. Do not refrigerate or freeze or expose the EpiPen<sup>®</sup> / EpiPen<sup>®</sup> Jr to extreme heat. Keep container in the outer carton in order to protect from light. When exposed to air or light, adrenaline deteriorates rapidly and will become pink or brown. Please remember to check the contents of the glass cartridge in the EpiPen<sup>®</sup> / EpiPen<sup>®</sup> Jr. auto-injector from time to time to make sure the liquid is still clear and colorless. Replace the auto-injector by the expiry date or earlier if the solution is discolored or contains a precipitate (solid matter).



Window showing discoloured liquid, if this is seen you should replace your auto-injector.

**Q: How do I dispose an out-of-date EpiPen® / EpiPen® Jr.?**

**A:** Contact your pharmacy, they will be able to advise you.

**Q: What do I do if I notice that my EpiPen® / EpiPen® Jr. is out of date?**

**A:** Make sure you see your GP or pharmacist as soon as possible to get a new pen. Set yourself an expiry alert on your mobile device to receive reminders when your pen is about to expire.

**Q: What do I have to consider with the EpiPen® / EpiPen® Jr. when travelling?**

**A:** Be prepared to have enough devices with you, since there are countries where it is difficult to get an EpiPen® / EpiPen® Jr. Furthermore, some airlines request a medical certificate from your GP before you can fly. Inform your airline prior to your flight if this is necessary.

With any issues with EpiPen® / EpiPen® Jr. seek advice from your GP or from pharmacy.

## Reporting adverse events

If you notice any adverse events, tell your doctor, pharmacist or nurse. This also applies to any adverse events that are not listed in the package leaflet.

You can also report adverse events to Finnish Medicines Agency Fimea:

[www.fimea.fi](http://www.fimea.fi).

Finnish Medicines Agency Fimea  
Adverse Drug Reaction Registry  
PL 55  
00034 FIMEA



You can scan the QR-code to have access to [epipen.fi](http://epipen.fi).

Marketing Authorization Holder:

Viatriis Oyj

Vaisalantie 2-8

02130 Espoo

[infofi@viatriis.com](mailto:infofi@viatriis.com)

020 7209555