

Fill in the following information for yourself and the healthcare professionals involved in your treatment.

Tuberculosis tests and treatment

(Consult your child's doctor if you are unsure) Tick the box if **you have ever been tested for tuberculosis:**

Yes

Tick the box if **you have ever tested positive for tuberculosis:**

Yes

No

Tick the box if **you have ever been treated or received medication for tuberculosis or its prevention:**

Yes

No

If you notice any side effects, consult your doctor, pharmacy personnel or a nurse. You can also report the side effects directly:

website: www.fimea.fi

Finnish Medicines Agency
Fimea Adverse Reaction register
PO Box 55
00034 FIMEA

This also applies to side effects that have not been specified in the patient information leaflet. By reporting the side effects, you contribute to enhancing awareness of the safety of this pharmaceutical product.

Your name:

.....
Doctor's name (prescriber of Yuflyma):

.....
Doctor's telephone number:

.....
Disease treated:

.....
Date of the first Yuflyma injection:

.....
Yuflyma dose:

.....
Date of the last Yuflyma injection
(if you are no longer receiving Yuflyma):

.....
Always write down the product name and lot of the medicine packet:

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RMP v 4.0

Approved by Fimea 2/2026

Yuflyma (adalimumab)

Adult Patient Reminder Card

This Patient Reminder Card contains important safety information which you must be aware of before starting and during Yuflyma treatment.

- Keep this Patient Reminder Card with you during the treatment period and for four months after the last Yuflyma injection.
- Show this Patient Reminder Card to all the doctors or healthcare professionals you consult.
- Write down any tuberculosis tests taken and your antituberculosis drugs on the inside page of the card.

If you have any questions, consult a doctor or nurse about your child's treatment.

This Patient Reminder Card does not list all the potential side effects. Read the Yuflyma package leaflet or consult your child's doctor for more information about the side effects of Yuflyma.

Celltrion Healthcare Finland Oy

Introduction

Yuflyma is a medicine intended for the treatment of diseases that influence a certain part of the immune system. Yuflyma can be effective in the treatment of these diseases, but it can also cause side effects in some people. It is important to discuss the potential benefits and side effects of Yuflyma with your child's doctor. These can be individual to each patient.

- This Patient Reminder Card describes some of the potential side effects associated with Yuflyma.
- Potential serious side effects include infections, cancer and nervous system dysfunctions.
- This is not an exhaustive list of the potential side effects of Yuflyma.

Before Yuflyma treatment

Tell your doctor about your health problems and the medicines you take. This will help your doctor decide **whether you should receive Yuflyma.**

Tell your child's doctor if:

- you have an infection or symptoms of an infection (such as fever, ulcers, fatigue or dental problems)
- you have tuberculosis or you have been in close contact with someone who has tuberculosis
- you have or have had cancer
- you have numbness or tingling in any part of your body or a neurotropic disease, such as multiple sclerosis (MS).

Your doctor will determine whether you have signs or symptoms of tuberculosis before you start receiving Yuflyma. If you have tuberculosis, you must recover from it before the Yuflyma treatment can begin.

Vaccination

- You may be given vaccines other than attenuated live vaccines.
- If you received Yuflyma while you were pregnant, mention this to your child's doctor before your child is vaccinated. Your child must not be given attenuated live vaccines, such as the BCG vaccine (immunisation against tuberculosis), for up to approximately five months after the last Yuflyma dose you received during pregnancy.

During Yuflyma treatment

To ensure the effectiveness and safety of your Yuflyma treatment, you must have regular appointments with your doctor to discuss your health. Tell your doctor immediately if you notice changes in your general condition.

Tell your doctor how Yuflyma has influenced your health.

- **It is important to call your doctor immediately if you experience abnormal symptoms.** This will help ensure that you receive the right care and reduce the risk of worsening side effects. Many side effects, such as infections, can be treated if you tell your doctor about them immediately.

- If you experience side effects, your doctor will decide if you should continue to receive Yuflyma. It is important to consult your doctor about what is the best option for you.
- Because side effects may occur even after your last Yuflyma dose, you should tell your doctor about any symptoms that may appear within four months after your last Yuflyma injection.

Tell your doctor about:

- new diseases
- new medication you are taking
- planned operations and procedures.

Some Yuflyma patients may experience serious side effects, such as:

Infections: Yuflyma is intended for the treatment of certain inflammatory diseases. It works by suppressing a certain part of the immune system. However, this part of the immune system helps the body fight off infections. You might get infections more easily or your current infections may worsen while you are receiving Yuflyma treatment. These infections include the common cold and more serious infections, such as tuberculosis.

Cancer: The risk of certain cancers can increase during Yuflyma treatment.

Nervous system: Some people have developed new or worsening nervous system dysfunctions during adalimumab treatment. These include multiple sclerosis.

You can find comprehensive information in the Yuflyma patient information leaflet. This Patient Reminder Card does not mention all the potential side effects of Yuflyma treatment.

Call your doctor or seek treatment immediately if you experience any of the symptoms of serious side effects:

Infections: fever, cold shivers, abnormal sweating, nausea or abnormal fatigue, sickness or vomiting, diarrhoea, stomach pain, loss of appetite or weight loss, cough or bloody sputum or productive cough, shortness of breath, difficulty urinating, skin wounds or ulcers, muscle pain, dental problems.

Cancer: night sweats, enlargement of cervical, axillary, inguinal or other lymph nodes, weight loss, new or changed skin changes (such as pigmented moles or freckles), severe unexplained itch.

Nervous system: tingling or numbness, changes in vision, muscle weakness, sudden dizziness.

Tell your doctor about any abnormal symptoms that occur during Yuflyma treatment. This Patient Reminder Card does not contain all the potential symptoms of side effects.

You can find comprehensive information in the Yuflyma patient information leaflet.

If you have any questions, please consult your doctor or another healthcare professional.